

# BROOKFIELD INSIDER



OCTOBER 2023

E-NEWSLETTER FOR THE MONTH OF OCTOBER 2023



**"PERSEVERE, MAINTAIN YOUR FOCUS,  
STAY OPTIMISTIC...  
AND LET YOUR INNER RADIANCE SHINE!"**

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# FROM THE EDITORIAL BOARD

**Dear Parents and Students,**

**Greetings from Brookfield International School!!!**

As we enter into a new month, it is important to reflect on the values we hold dear at **Brookfield International School**. One such value is the happiness of our students. Oscar Wilde once said, "**The best way to make children good is to make them happy.**" This statement holds true for our school, where we believe that happy children are more likely to succeed in all aspects of their lives.

**At BFIS**, we strive to create an environment where our students feel safe, supported, and happy. We believe that when children are happy, they are more likely to engage in learning and develop a love for education. This is why we place such a strong emphasis on creating a positive and nurturing school culture.

We understand that happiness is not something that can be forced upon our students. Instead, it is something that must be cultivated through a variety of means. This is why we offer a range of **extracurricular activities, such as sports, music, and drama**, to help our students find their passions and develop their talents. We also encourage our teachers to create **engaging and interactive lessons that make learning fun and exciting**.

Ultimately, our goal is to create an environment where our **students feel happy, valued, and supported**. We believe that when children are happy, they are more likely to become good citizens who contribute positively to their communities. As we move forward into **the month of November**, let us all remember the importance of happiness in the lives of our students and continue to work towards creating a school culture that **fosters joy and positivity**.

**With heartfelt gratitude and warmest regards,**

**Ms. PARAMJOT, Ms. PRIYANKA KAUSHAL & Ms. SAKSHI GERA**

# GROW WITH THE FLOW



**JOY OF GIVING**



**BLACK AND WHITE DAY**



**WORLD FOOD DAY**



**DUSSEHRA CELEBRATION**



**MUSICAL MORNING**



**HEALTHY PLATTER**



**KITCHEN GARDEN**



**HALL OF FAME**





## JOY OF GIVING

# WE MAKE A LIVING BY WHAT WE GET, WE MAKE A LIFE BY WHAT WE GIVE.

Generosity brings happiness. We all experience joy in the actual act of giving something to the ones who need. Kindness towards others and little donations for the right cause will always bring joy. Joy multiplies when we share it with others; nothing gives someone more joy than the Joy of Giving. We at **BFIS** try to inculcate the lifelong habit of giving to those in need in our students. Giving without expecting anything in return and giving because the very act of it will fill our hearts with lots of happiness and joy. We collaborated with the Robin Hood Army for this purpose. The Robin Hood Army is a volunteer-based, zero-funded organization that works to get surplus food from restaurants and the community to serve the less fortunate people. Their local chapters are run by volunteers who hope to make a difference. They also run RHA academies in Tricity with a vision that every child on the streets of our cities should have the opportunity to a better life. The Robin Hood Academy empowers 7328+ street children with basic primary education, where children are also served meals after the classes. Through our **Joy of Giving** activity, we donated 500+ kits for their **RHA academies**. Parents donated Packets of biscuits and grooming kits, including Toothbrushes, Toothpaste, Bathing soap, Used/Old Toys, Old school bags, water bottles, tiffin boxes, pencil boxes and Old footwear( for Kids). We are so thankful to all our patrons who contributed generously to this noble cause.



# BLACK AND WHITE DAY

**Black like a cat.  
Black like a bat.  
Black like a snake.  
Black like the sky,  
When it's getting late.**

**White is the colour of the clouds in the sky; The colour of the marshmallow is white,  
Vanilla ice cream is white; The milk that comes from a cow is white.  
And what is black and white ? Can you guess, its something with stripes !!**

According to research studies, color carries critical importance in the development of children's cognitive skills. Colors are some of the earlier words they tend to learn and a means they can use for learning. Children remember colors better than verbal cues so, combining content with colorful visuals improves their memorization. This month it was Black and white colour day for our munchkins. They came dressed up in pretty black and white dresses and created art work of black and white coloured papers. Children also had a show and tell activity about the black and white things they had brought from home. They were shown animal videos of all black and white animals like zebra, panda, penguin etc.





**We should respect the food we get because it's the blessing of God and love from someone who cares for us. World Food Day** is celebrated annually on **16th October** in memory of the foundation of the **Food and Agricultural Organization (FAO)** of the United Nations. In honour of this, many activities were planned for the kindergarten kids to help them get acquainted with the idea of minimizing food wastage and being grateful to have three healthy meals daily. This is important as it helps turn young kids into responsible adults in the future. They were shown with the help of videos that the food we have on our plates results from immense hard work that is put in at various stages. Therefore, it should be consumed with utmost respect.

# WORLD FOOD DAY





# DUSSEHRA CELEBRATIONS

On **23rd October**, our tiny tots enthusiastically celebrated Dussehra at school. Dressed in colourful ethnic attire, they watched a mesmerizing musical Ramayana show put up by the primary kids. They chanted bhajans with their teachers and also made **Dussehra crafts**. The importance and rituals of celebrating this festival were explained to them. Children were also shown an animated version of **Ramayana** on screen. The Dussehra celebrations offered a unique opportunity for our little ones to explore and learn about our rich culture and heritage while having fun.



## HALL OF FAME

**Congratulations to Divit Singh of grade UKG Beta for scoring 6th position at the 16th Punjab and Chandigarh state-level competition of UCMAS, a brain-boosting program for children to build lifelong skills.** The cognitive skills enhanced by UCMAS are perception, attention, memory and visualization. In September, Divit also bagged another trophy at the National level competition held at Lovely Professional University, Jalandhar. A proud moment for us indeed!







# MUSICAL MORNING

**Music gives a soul to the universe,  
Wings to the mind, flight to the imagination  
And Life to everything.**

**October month was a musical month** for our little munchkins as they showcased melodious grade-wise performances in front of their parents during class shows. It is a daily ritual for kindergarten kids to start the day with circle time in a musical way to set the day's tone. The musical fest wasn't just a special day for our students; our cherished parents joined in the celebrations, savouring every moment of their children's performances. Musical experiences in childhood can accelerate brain development, particularly in language acquisition and reading skills. **Music ignites all areas of child development, including intellectual, motor, language, socio-emotional and overall literacy.** It helps the body and the mind work together. Exposing children to music during early development helps them learn the sounds and meanings of words. Dancing to music helps children build motor skills while allowing them to practice self-expression. For children and adults, music helps strengthen memory skills.



# HEALTHY PLATTER

**Your diet is a bank account. Good food choices are good investments.**

On **31st October**, our kindergarten kids were shown various food items displayed in the activity room. Since the theme of the month was a **Healthy platter** therefore, on the culmination of the month an extensive display of the various food items from fresh fruits and vegetables to packaged food items, was arranged by the educators for children to have a better understanding of the healthy and unhealthy food choices.



## TEACHER'S ADDRESS

**“The best teachers are those who show you where to look but don't tell you what to see “Alexandra Trenfor.**

Being a kindergarten teacher means instructing younger children who are in a school environment for the first time in their lives. Teachers uniquely influence students' academic, personal, and social development. As a BFIS teacher, I develop a Montessori-inspired learning environment rich in resources, allowing students to learn through active play. My vision is to support children as they discover and explore new ideas in a safe, welcoming classroom environment.

**“My students have a little hand with a big heart.”**



**HIMANI SHUKLA  
TEACHER (BFIS)**





# KITCHEN GARDEN PROJECT



It's well-known that if you engage children in growing their own vegetables, they also gain a keen interest in eating them. Keeping this in mind, we engaged our little ones in creating their kitchen garden. From preparing the soil, adding vermicompost and making a bed for the seeds to be sown to getting to know the different varieties of seeds and vegetables, they were made aware of each step involved. A weekly visit to the garden ensured that kids were now aware of the life cycle of vegetables. They are waiting eagerly to see the vegetables taking proper shape and colour. Through this hands-on activity, children are aware of the vegetables that grow under the soil and those that grow above it.



Our special thanks to the parents of **Hunarveer of Nursery Beta, Mrs Rattanjeet Kaur and Mr Inderpreet Singh**, who guided us and provided us with vermicompost and vegetable saplings. They are following an organic and sustainable way of farming.